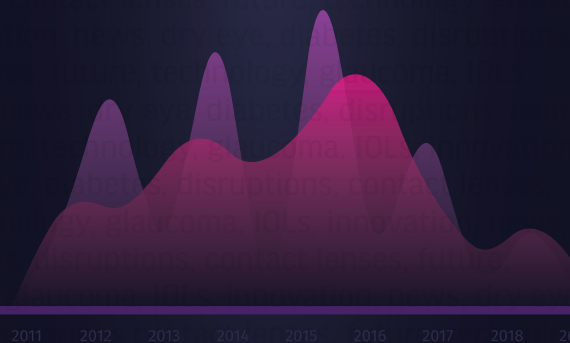
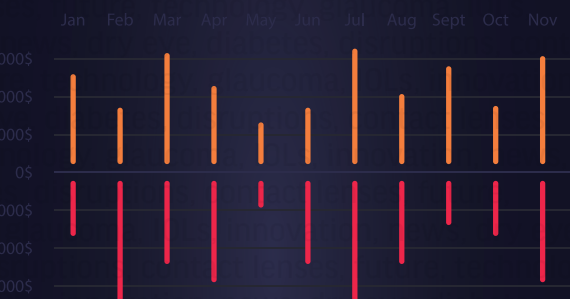
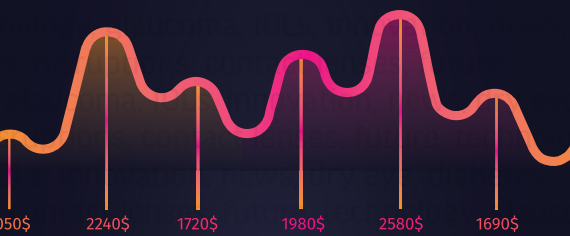


TRENDS & INNOVATIONS



ANTICIPATING AND EMBRACING CHANGE



As 2019 draws to a close, the eye care community looks forward to a landmark year that many are calling “The Year of Vision” in a playful nod to the normative visual acuity measurement. It is exciting to think about what 2020 has in store for us, but it

is equally exciting to look back on 2019 and *Modern Optometry's* first year of publication. Our inaugural year has been filled with amazing collaborations and the sharing of new ideas, critical information, and best practices among emerging and established thought leaders in the field.

Having recently spent time in Orlando for the annual American Academy of Optometry meeting, we had the opportunity to see the results of the work and leadership of the great Walt Disney at Walt Disney World. His credo, “Progress is impossible without change,” really resonates with us. How can we advance in our care of patients without innovation and positive evolution? It’s simple—we can’t.

Embracing change and staying informed is the way of the future, and *Modern Optometry* is proving to be an ideal platform to foster new ideas that we can all incorporate into and capitalize on in our daily practices. Trends for 2020 and beyond will continue to involve contact lenses, dry eye disease, glaucoma, and comanagement of surgical patients. And so, in this final issue of our first year, we focus on the latest innovations and trends in our profession.

The article, “What’s New in Contact Lenses?” contributed by Ryan Corte, OD, brings us up to date with many advances in contact lenses (page 31). Novel materials, improved technologies, and new products that address the individual needs of patients all align with the goal of optimal vision. In “Virtual Reality: Coming to a Lane Near You,” Justin Kwan, OD, FAAO, explores the effects virtual reality video games can have on eye health and explains how the technology is being incorporated into vision therapy (page 36).

Paul Hammond, OD, FAAO, and Chris B. Kruthoff, OD, provide an overview of three innovative technologies created to improve the way glaucoma is managed in their article, “Diagnostic Advances in Glaucoma” (page 34). Rounding out this issue’s cover focus on trends and innovations is a piece by several doctors at Slade & Baker Vision in Houston (“Innovations in IOL Technology,” page 38) on IOL technology. These authors group IOL options into two categories—those that are adjustable and those that extend the patient’s range of vision—and they share how they help each patient choose the best option.

As always, we love your feedback and ideas for future articles. Keep them coming! Email us at modernod@bmcctoday.com. Thanks for a great year with *Modern Optometry*. We are excited to be a part of the BMC team and look forward to navigating the future of optometry with you. ■

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